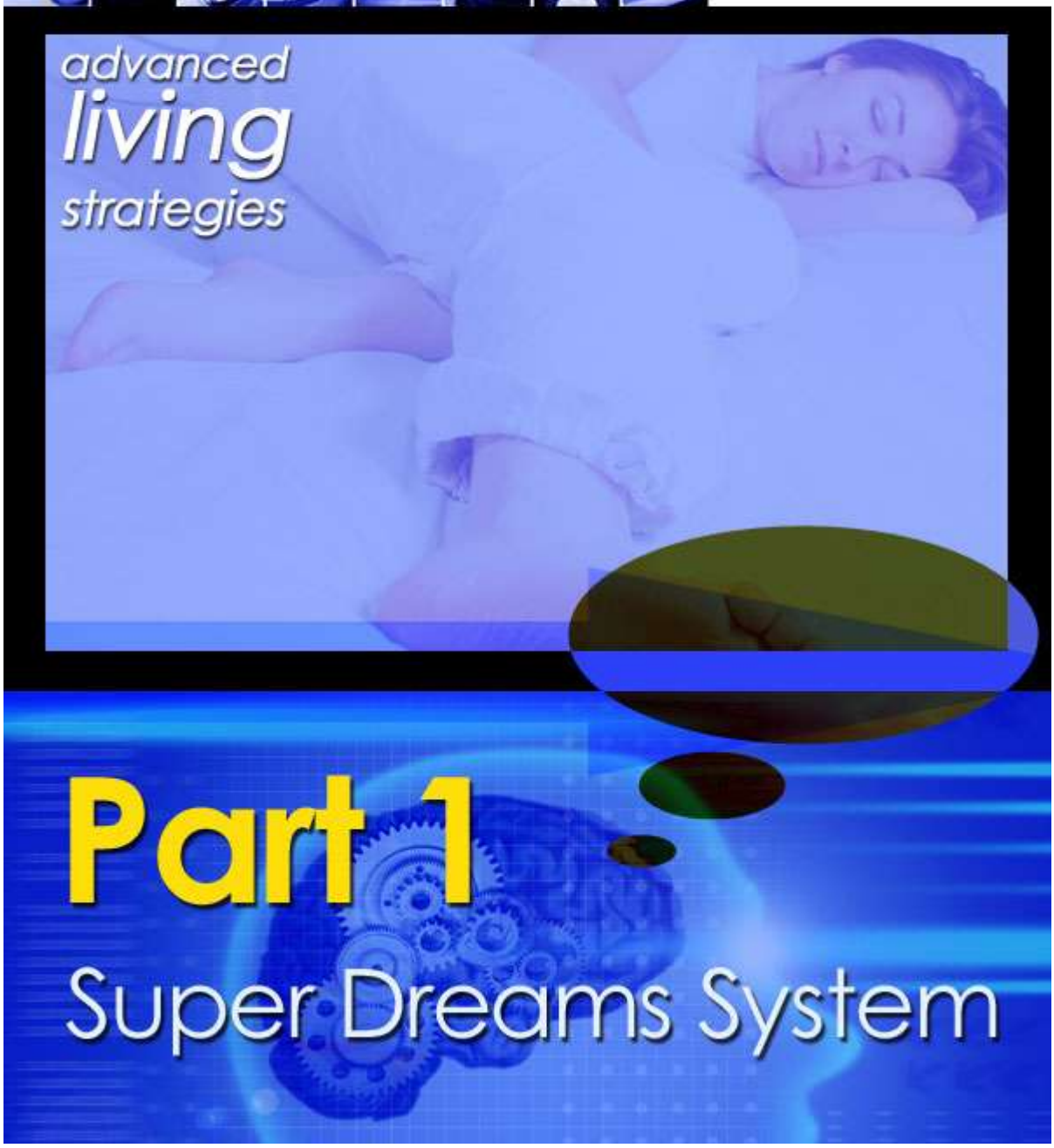
The Super Mind Evolution System

Cutting edge consciousness research




# Part 1

## Super Dreams System

Unauthorized duplication or distribution of this material in any form is strictly prohibited. Violators will be prosecuted to the fullest extent of the law.

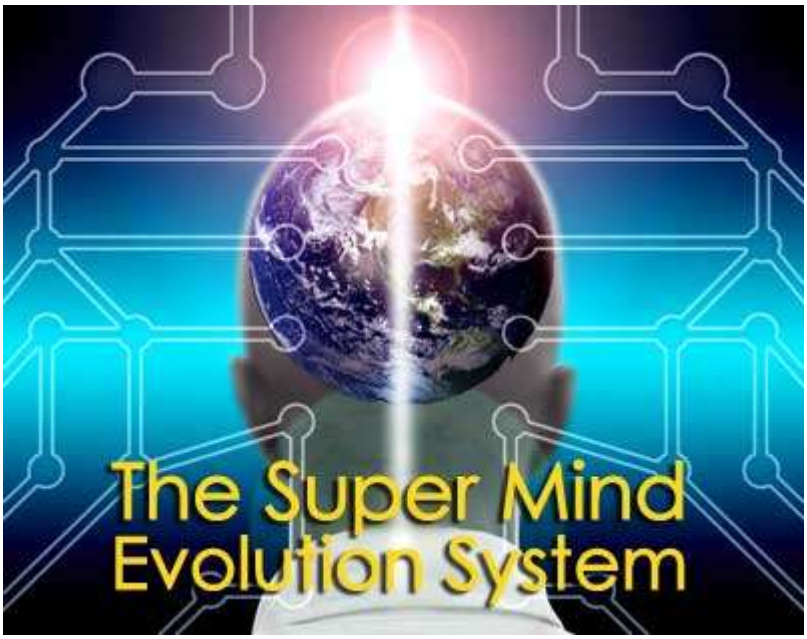
No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without prior written permission from the author/publisher.

The author, publisher, and distributor of this product assume no responsibility for the use or misuse of this product, or for any injury, damage and/or financial loss sustained to persons or property as a result of using this report. While every effort has been made to ensure reliability of the information within, the liability, negligence or otherwise, or from any use, misuse or abuse of the operation of any methods, strategies, instructions or ideas contained in the material herein is the sole responsibility of the reader.

The reader is encouraged to seek competent, professional medical advice before using any tips and strategies shared in this publication.

There are NO resell rights to this report and you can't give it away for free.

Copyright SuperMindEvolutionSystem.com 2008 All rights reserved.



# An Introduction to Dreams

The mind does not make an appearance within physical reality, but the brain *is* based in physical reality. Our dreams occupy the same space as the mind.....that is, no space at all.

The images that appear in dreams appear as "forms" in other realities and they are not restricted by our physical reality rules of time, space and growth. They involve the materialization of spontaneous constructions which would normally not occur in our physical world. Dreams are continuous flowing processes which run continuously in the wide awake and the dream states.

While we are in the wide awake state they run subconsciously. The materializations we create in our dreams have no mass in our physical reality but may have the equivalent of mass in other realities.

In the dream state the personality is molded and changed via actions that do not exist in the physical universe. These dream based subjective events eventually manipulate physical matter and events for the individual concerned, depending upon how they have consciously or subconsciously programmed their dreams.

One persons dream affects another's and that person is in turn affected by the neighbor's dreams.

In many cases dreams (in slightly different formats) are shared by two or more people and in some cases close-knit communities have shared mass dreams.

SETH says that we have "mass" dreams that occur just above the level relating to the collective unconscious. If we are able to tune in to these dreams (and some individuals can) we would gain an impression of what our society is collectively dreaming.....which would then give us an indication of future events, as our dreams format our future, both individually and collectively.

Sometimes these collective dreams contain enough power to significantly alter the future, for better or for worse. It is interesting to note

that the dreams of one very powerful individual can affect the dreams of thousands of other people and this type of individual is capable of becoming a leader or “Guru”.

They generally become known in the dream state first and are recognized in the physical world later.

Through very intense emotional focus you can create a form then project it to another person who may then perceive it. This may be done consciously or unconsciously. The presence of this form can now be detected by sensitive scientific instruments.

During the dreaming state your awareness is focused in another reality that is in every way as permanent and valid as the physical reality universe. During sleep only a small amount of your energy is focused in the physical field.....enough to maintain the bodily functions only.

The dream universe is also composed of a molecular structure, but takes up no space as we know it. It is continuous but your awareness of it is normally limited to your sleep/dreaming periods.

The events in the dream reality are as meaningful as the events in your physical world and indeed are interrelated. One affects the other.....and vice versa. This is why it is possible (and extremely easy) to program up dreams which have an almost immediate effect in your physical universe.

One of the easiest and most effective types of dream that you can pre-program relates to your physical health. Sometimes a correctly programmed dream can cause almost miraculous improvements to your health in as little as 12 hours.

The reason we don’t normally remember our dreams is because the amount of incoming sensory data would overload us and we would experience difficulty in relating to the physical world.

Concepts, ideas and creations constructed in dreams are usually constructed physically over a period of time, depending upon the necessity, expectation and emotional yearning for the event or structure to happen. So if you program your dreams for specific structures or events then over a period of time these will materialise given that you focus on a single-minded

desire. The impact of any specific dream has physical, chemical, electromagnetic, psychological and psychic repercussions to that individual.

……"As an individual creates his physical image and environment according to his abilities and defects, and in line with his expectations and subconscious and inner needs, so does he create his dreams; and these interact with the outer environment which he has created"…….

The actual individual dream world created by each individual bears a close resemblance to the physical environment created by the individual.

A person who has problems in the physical world may subconsciously attempt to solve them by playing out various possible solutions on a dream basis.

Consciously the individual may be unaware of these various potential dream solutions but when the correct solution has evolved this will then play out in his physical world and physical events will soon occur that solve the problem.

Dreams are one of your greatest natural therapies and your overriding connection between your psychic and material realities. They are usually totally misunderstood and the majority of people are unaware of how dreams can be manipulated to control your body and environment.

As mentioned earlier many physical problems are solved in your dreams. This will invariably happen if you consciously set out the problem in detail…state it clearly to your subconscious mind….then drift off to sleep. This can also happen automatically if a serious problem is really "bugging" you and you are dwelling on it non-stop. The subconscious then gets the message and solves it for you via a dream. The dream state gives you multiple alternative dreams which in effect are multiple possible solutions. It then picks on the specific dream solution which is likely to give you the best possible outcome.

It is almost certain that you will not remember this series of dreams. In fact the first you will probably know of it is when the problem is suddenly solved. Usually a whole lot of unexpected things happen which solve the problem and you can often be in awe at how "everything suddenly came together". This is your dream solution materializing events and things to

achieve the required result. Other dreams can be used to solve your health problems.

The greatest single thing that you can realize is that your personal physical and health environment are *created by yourself.* No one else is responsible for your current circumstances.

If you are in the habit of blaming others for your predicament….then *give up this habit.*

It is not a valid excuse. Your belief system via your subconscious mind is responsible for every single aspect of your existence. You are <u>not</u> a victim of external circumstances……but a victim of your own personal belief and expectation system.

SETH indicates that any communications arriving via the inner senses exists in your psychological time…that is…..the time free zone. Psi time operates during sleep, quiet hours of consciousness and during alpha/theta/delta meditation. Some of the dreams that you recall may appear to have gone on for hours yet in actual time they may have only taken a few minutes…or seconds. They occur in Psi time.

Dreams occur during a shift in consciousness. When you suddenly "wake up" from a daydream you often realize that you were in an altered consciousness state….divorced from the world of physical reality.

In a dream a person might experience several hours apparent passage of time….in a fleeting instant. But the same person does not physically age by that several hour period. In the dream universe the self is free of the ego and is therefore relieved of the necessity of constructing ideas into physical reality.

During an overnight dream state a negative destructive attitude can be changed instantly to a positive constructive one. These type of dreams appear most often when the self feels a sense of desperation and opens up deep subconscious channels that invoke these "healing" dreams.

It is now known that dreams of this nature can be consciously evoked at will…..in a surprisingly simple manner. All one has to do is to request such a dream prior to falling asleep.

Occasionally you might have noticed an annoying health condition that has gone on for months. Suddenly, one morning you wake up….and it has gone. This is almost certain the result of a dream.

These healing dreams are bought on by repetitive self-suggestion prior to sleep.

SETH has mentioned several times that dreams can completely reverse depressive moods. Sometimes you might be feeling somewhat depressed for weeks then suddenly one morning you wake up feeling cheerful and positive, due to the nature of a dream you have had. These mood changing dreams can also of course be artificially induced via pre-sleep repetitive suggestion.

You can also call up dreams where you are wealthy, happy and surrounded by friends. This will eventually "break through" into your physical life and start to improve your personal situation. If you decide to evoke such a dream then ask your subconscious to retain a full conscious memory of this event, so that you can dwell on it later and marvel at the freedoms you had.

This is the best possible way to materialize events and situations that you want. All the positive thoughts and visualizations in the world will not come near the effect of a powerful "event' dream.

You can still use alpha and theta meditation states for positive visualization purposes, but one or two "event" dreams can make your desires materialize in days….rather than years.

Repetitive suggestion can reach aspects of the self that are out of range of the ego which is why some individuals who use suggestion can change their personality totally…..a feat that would be very difficult if the ego were in control. Suggestion (also via dreams) can also be used to modify your reaction to past events……maybe unpleasant ones.

Suggestions shape dreams…..and your dreams shape your present and future. A very powerful dream can change a person overnight and it has been known to completely eradicate a serious illness overnight.

You are constantly giving your subconscious suggestions at every waking moment, by dwelling on daily events as they unfold around you. If

you adopt a philosophical attitude to these maybe sometimes annoying events then you will not be feeding negative connotations into your subconscious, where they can fester and generate unhelpful dreams, which eventually reinforce the negative sentiments.

If you wish to recall your dreams then simply give yourself pre-sleep suggestions that you will wake up immediately after your first one or two dreams, or maybe immediately after your last dream.

# PROGRAMMING UP GOAL & HEALTH INDUCING DREAMS

An eye-opening story from the writer of this report:
A strange thing happened just after I retired at the end of June.

I suddenly developed a minor problem with my left shoulder known as "Bursitus" or "lazy shoulder". I could not lift my arm without pain. Some days it was bearable but other days were a serious inconvenience, especially in bed at night. That was when I really noticed it.

I figured it was something to do with the sudden release of stress after 29 years in business. I went to my doctor who told me it would go away eventually. Great help!!

Then I went to a chiropractor who made a series of adjustments which only partially helped.....temporarily.

I mentioned this to one of my clients who had rung for a general chat. He told me that he had seen something about this medical problem in a SETH book but couldn't remember which one. At that point I recalled that I had also seen that reference.

Later that day I pulled out all my SETH material and started wading through it. Sure enough, I eventually uncovered several references and at that point I emailed the SETH network to try and get further information. Finally I tracked down further unpublished SETH material relating to curing the mind and body via dream control.

After 6 weeks of putting up with this pain I tried the dream control technique on a Friday night.

The next morning I woke up feeling "different". It took a couple of minutes to figure out what it was. You guessed it.....the pain was not only totally gone but my arm had full and free movement.

I was slightly amazed to say the least.

Two nights later I tried another technique which one of my SETH email contacts had suggested. I programmed up a dream which would cause

me to feel happy and relaxed the next day. And sure enough from the moment I opened my eyes the next morning I felt not only happy and contented....but at peace with the world.

This to me is the most magical use of the SETH knowledge that I have yet uncovered.

A number of other applications have been suggested to me by the aforementioned SETH email user group and for the last 10 days I have been trying out things one by one.

And I have just done the "ultimate" experiment.

I am writing this report while on a cruise ship exploring the Indonesian islands. Yesterday while chewing on some Indonesian food on the beach my teeth hit a nut or something similar in the cookie. This broke the top off one of my back teeth. This was hurting like hell so I gave up scuba diving for the day and headed back to the ship to see the doctor. He could not help me and there was no dentist available until we got back to Darwin six days later.

So...that night I programmed up a dream in an attempt to kill the pain and the next morning it was 90% free from the toothache. To say that I was impressed would be a gross understatement!

I had been totally unaware that pre-programmed dreams could be used in this manner.

The bottom line is that the Inner Self has the ability to cure the body and mind.

I obviously started to develop a serious interest in this process and during the course of a phone conversation with one of my regular clients learned that she was feeling rather depressed and miserable. As an experiment I explained the basics of this dream method and suggested she try it. She wasn't all that enthusiastic but half-heartedly agreed to "give it a try". I asked her to let me know how it went.

Two days later I received a very excited phone call from this lady....she was feeling "fantastic". All her "blues" had vanished and she told me she was feeling the best she had felt in months.

About 2 weeks after this incident a business client rang me looking for advice on how to complete a tricky business transaction that clearly meant a lot to him. He was actually after specific Subjective Communication techniques and after discussing this new dream method I suggested he give it a try. He sent me a fax a week later to tell me that the process had worked "beautifully" and that the deal he was working on had actually happened without hitches. Apparently he had been trying to put this together for 3 months and all of a sudden "everything happened", as he put it. Following is a SETH "quote" sent to me from the email group:

……."the inner senses have an electromagnetic reality and the mental enzymes act as sparks, setting off inner reactions. In the dream state these reactions are easily triggered. A destructive attitude can be changed overnight in the dream state because the whole electromagnetic balance has been changed. Such healing dreams are often triggered automatically when the self feels a sense of desperation. Often there is an almost instantaneous regeneration and spontaneous cure. The same happens in less startling cases where a merely annoying health condition suddenly disappears. Through pre-programmed dreams these therapeutic results can easily be bought about with minimal practice and effort. The use of this dream self-suggestion in bringing about constructive dreams is of great benefit"…

Dreams can completely reverse moods of depression by simply pre-programming up the necessary dreams.

The program I outline is basically brand new knowledge…….known only to a small number of Eastern practitioners and a few perceptive Western researchers.

I have a feeling that there will be some interesting breakthroughs in this dream research but in the meantime you have been given a brand new concept that you will be able to experiment with to discover the parameters.

And the real beauty is that it is the *simplest* tool I have come across yet!!!

Happy dreams!!!!!

Get instant access to 13 specially recorded dream programming mp3s created using Jim's breakthrough research...

- Supreme Self Confidence
- A New Zest for Life
- Financial Abundance and Freedom From Stress
- Improve Awareness and Insight
- Amazing Intuition and Remote Viewing Ability
- Lose Weight Naturally
- Patience and Tolerance
- Materialize Goals Quickly
- Reduce Stress Levels
- Attract The Perfect Partner Into Your Life
- Incredible Runs of Luck
- Effortlessly Find The Perfect Job
- Quit Smoking Forever

**The Great Deal**

Buy the audios individually through our website from just ~~$19.95~~ $14.95 each, and get the 1 star bonus gifts , and full Dream Programming report with every purchase.

**The Better Deal**

Get them together and make big savings with the Super Dreams System, and get the 2 star bonus gifts...

Get the Super Dreams System today for just ~~$259.35~~ $97

FOR ONE WEEK ONLY

Get the Full Super Mind Evolution System which includes the Full Super Dreams pack included within 20 audios and 21 reports, and all the 3 star bonus gifts for just ~~$643.35~~ $97

*...and each purchase comes with - NO Risk, No questions asked, 60 day money back guarantee. Quick start up guide with full step by step instructions. 24 Hour technical support, Access to our special forum, And tons of positive feedback.*

We also highly recommend you sign up to the rest of the free ecourse by clicking here and visiting the free gifts link at the top of the page.

**FREE!** subscription to the acclaimed weekly newsletter Evolution and access to all the archived editions included.